

The image is a podcast cover for 'CYCLING IN THE 6'. At the top center is a white icon of a radio tower with signal waves. Below it, the title '[CYCLING IN THE 6]' is written in large, white, sans-serif font. Underneath the title, the word 'PODCAST' is written in a smaller, white, sans-serif font. Below that, the episode title 'EPISODE 1: WINTER WHEELS, WHY OR WHY NOT?' is written in a smaller, white, sans-serif font. The central part of the cover features two video call windows. The top window shows a woman with dark hair, wearing a blue shirt, smiling and speaking into a black microphone. The bottom window shows a man with a beard and glasses, wearing a brown shirt, also smiling and speaking into a black microphone. The background of the cover is a solid yellow color with white audio wave patterns on the left and right sides. At the bottom of the cover, there are two white buttons with yellow borders: 'PLAY' on the left and 'FOLLOW' on the right. Below the video windows, there are icons for headphones, a volume control icon, and a speaker icon, with the text 'listen on:' to the left of the headphones icon.

[CYCLING IN THE 6]
PODCAST
EPISODE 1: WINTER WHEELS, WHY OR WHY NOT?

CAM SARAH

listen on:   

PLAY FOLLOW

By Sarah Giacomantonio and Cam McCoy

About

Can you cycle in the winter? In Toronto? Does the city make it easier? Harder? Tune in on Wednesday Dec 2nd to hear Sarah and Cam explore cycling, winter and the people that combine them both.

With special guests Nadia Geneva, Megan Backus, Matt Pinder, Vanessa Cipriani, Alex Giao, Alessandro Ferrari, Kim Fisher and Chris Drew. It's a jam packed episode including the history of cycling in Toronto, policies and plans that influence winter cycling in Toronto, the challenges winter cycling poses, the ways various cities don't, do and can support winter cycling and dos and don'ts on how to approach your first winter cycling experience. With stories from biking in Moscow in -28 to biking down the aisle to get married in Toronto. You don't want to miss it!

Wanting to know what you can do to help promote winter cycling? Sign the ActiveTO petition to keep bike lanes active in TO this winter 2020!

<https://www.cycleto.ca/keep-activeto-petition>