

Welcome to the Food/Care Connector! Through this project, we are exploring infrastructures of food security and community care in the West Toronto neighbourhoods of South Parkdale, Dufferin Grove and Little Portugal. The tour is meant to activate the concept of social and ecological sustainability in a way that is accessible, at a human scale, and promotes engagement in real time. The stops along the way are grassroots, community-based initiatives that are actively promoting food security and community care based on systems of mutual aid. In the model of urban diagnosis, we are asking you, the participants, to identify the positive and negative elements of the neighbourhood that promote or hinder food security. We are inviting participants to become co-creators of the walking tour to help transform these spaces into an equitable and sustainable communities. If you make observations on your walk, please email us with your feedback! Scan the QR for more information on the project.



## Community Access Points

**Stop 1: Indigenous Sacred Herb Garden, Dufferin Grove Park, 875 Dufferin Avenue**

**Stop 2: Community Fridge, 1132 College Street**

**Stop 3: Sunshine Garden, CAMH; 1000 Queen Street West**

**Stop 4: Milky Way Garden, 87 Milky Way Lane**

**Stop 5: Parkdale Community Food Bank, Parkdale Activity-Recreation Centre; 1499 Queen Street West**

**Stop 6: Community Fridge, 214 Wright Ave**

**On your walk, are you able to identify spaces that could be utilized to promote food security?**

**Who is being left out of the current food system in the neighbourhood?**

**Email Us**

[foodcareconnector@gmail.com](mailto:foodcareconnector@gmail.com)

# FOOD/CARE CONNECTOR

An Interactive Walking Tour on Food Security Infrastructure in West Toronto



# FOOD/CARE CONNECTOR WALKING TOUR MAP



**Stop 6: Community Fridge**  
214 Wright Avenue



**Stop 1: Indigenous Sacred Herb Garden, Dufferin Grove Park**  
875 Dufferin Street



**Stop 5: Parkdale Community Food Bank**  
1499 Queen Street West



**Stop 2: Community Fridge**  
1132 College Street



**Stop 4: Milky Way Community Garden**  
87 Milky Way



**Stop 3: Sunshine Garden, CAMH**  
1000 Queen Street West

**LEGEND**

- Walking path route
- Community Fridge
- Community Garden
- Emergency Food Support

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